# Δρ. Κωνσταντίνος Μακρίδης

Ειδικότητα: Καρδιολόγος
Ίδρυμα: Καρδιολογικό Κέντρο Λεμεσού
Θέση: Επικεφαλής Καρδιολόγος

## Βιογραφικό

**Education and Qualifications**

**1996-2002:** Aristotelion University of Thessaloniki Medical School. Graduated with an average grade of 8/10. Scholarship for all years by the Scholarship State Foundation of Cyprus.

**1994-1996**: Infantry officer – 2nd Lieutenant in Cyprus Army Forces.

**1991-1994**: Ayios Ioannis Lyceum. Graduated with a degree of 19.8/20.

**1991**: GCE A Level in Pure Mathematics.(Grade A).
Medallion in World Mathematics contest.

**1990**: GCE O Level in English Language. (Grade A)

**Previous Appointments:**

**2019**: Elected member of the Board of Directors of the Cyprus Society of Cardiology

**2015**: Elected Fellow of the European Society of Cardiology.

**2014**: Elected member of the Board of Directors of the Cyprus Society of Cardiology

**2014**: Elected secretary of the Association of private Doctors - Cyprus

**2014**: Elected secretary of the Board of Director of the Cyprus Society of Cardiology

**2012**: Elected member of the Board of Directors of the Cyprus Society of Cardiology

**1.2011- today** : Head of the cardiology department of Limassol Cardiology Center (Limassol-Cyprus)

**2.2011**: Member of the Cyprus Society of Cardiology

**7.2010**: Granted the title of Specialist in Cardiology after succeeding the national Cardiology examinations in Thessaloniki - Greece.

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## Επικοινωνία:

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**21.01.2008-11.05.2010**: Training in Cardiology as a trainee doctor at the cardiology Department of Nicosia General Hospital in Cyprus.
Training in novel echocardiographic techniques in Onassis Cardiac Center – Athens, Greece
**20.09.2006-20.01.2008**: Training in Cardiology as a trainee doctor at the cardiology Department of Limassol General Hospital in Cyprus.
**20.9.2004 - 19.9.2006**: Training in Internal medicine as a trainee doctor at the Internal Medicine Department of Limassol General Hospital (Cyprus).
Training in Carotid Tripplex in Tel Hashomer hospital in Tel Aviv-Israel.
**19.8.2002-18.8.2003**: Pre-registration in internal medicine (6 months) and General Surgery (6 months) in Limassol General Hospital.
**2003**: Member of the Cypriot Medical Council (Registration No: 03484)

## Courses-Training-Participation

Advanced Life Support of the European Resuscitation Council.
Participated as a co-ordinator in a survey of the Open University of Cyprus regarding the compliance of doctors with the current European and AHA Guidelines on several issues.
Training in Carotid Artery Tripplex in Tel-Hashomer Tel- Aviv.
Trained in the new trends of echocardiography in Onassis Cardiac Center (Athens-Greece), including Transesophageal Echocardiography, Coronary Flow Reserve, Tissue Doppler Imaging and Strain, as well as Stress Echocardiography.
Trained in contrast perfusion (stress echocardiography) in Royal Brompton Hospital – London.
Member of the humanitarian organization “Medicines Du Monde - Cyprus”, head of the mission to aid the people of Sri Lanka after the tsunami disaster in 2004, and in Kashmir- Pakistan after the earthquake disaster in 2005. Head of the aid mission in refugee camps in Chios (Greece) and Eidomeni (Greece) in 2016.
Co-ordinator and cardiologist of the “Medical Office of the poor” in Cyprus, an office set by the volunteer doctor of Cyprus to give free medical advice and treatment to the poor.
Co-ordinator and cardiologist of the Medical Office of the Yellow Line , a non profitable organization aimed to help the poor and uninsured of Limassol.
Emergency First Response Instructor

## Presentations

E. Erakleous, M. Symeonides, E. Vounou, P.Christodoulides, G. Papageorgiou, C. Makrides, P. Evripidou, M. Ioannides, C. Anastasiades. Fasting effect on lipids. Abstract was presented as a poster at the 10th Panhellenic Convention of Internal Medicine in Athens, 2004.
E.Vounou, C. Makrides, P. Christodoulides, M. Koukouvas, M. Symeonidis, A. Kizi, E. Erakleous, P. Evripidou, M. Stavroulaki, M. Ioannides. Autoimmune haemolytic anemia as a result of cold immunoglobulin formation due to infectious mononucleosis. Abstract was presented as a poster at the 31st Panhellenic Medical Convention in

M. Symeonides, M. Koukouvas, C. Makrides, G. Papageorgiou, M. Michaelidou, E. Erakleous, M. Stavroulaki, M. Ioannides. Diagnosis of Crohn's disease in a patient with fever of unknown origin using video capsule endoscopy. Abstract was presented as a poster at the 31st Panhellenic Medical Convention in Athens, 2005.

C. Makrides et al. Department of Internal Medicine, Limassol General Hospital Acute pancreatitis following methomyl intoxication . Methomyl-induced severe acute pancreatitis: possible etiological association. Journal Of Pancreas 2005 Mar 10;6 (2):166 -71.

C.Makrides, C.Anastasiades, M.Ioannides, G.Georgiou, M..Minas. Prevalence of carotid artery disease in patients with symptomatic coronary artery disease. Abstract was presented as a poster at the 29th Panhellenic Cardiological Congress in Athens, 2008.

C.Makrides. Pulmonary emboli due to pacemaker attached non bacterial thrombotic endocarditis. ECHO. The Journal of the British Society of Echocardiography, Issue 76, January 2012

C.Makrides. Transient ST elevation in vagally mediated atrial fibrillation. Journal of Atrial Fibrillation Vol 2 Issue 11, June 2012

Andreou AY, Theodorou S, Makrides C, Avraamides PC. Twin left circumflex arteries in a patient undergoing aortic valve replacement.
Eur Rev Med Pharmacol Sci. 2014 Jan;18(1):71-3.

K. Papadopoulos. Makrides C. E. Eleftheriou . A cardiac haemangioma: the contribution of myocardial contrast echocardiography in the diagnosis
BMJ Case Reports 2015; doi:10.1136/bcr-2015-210075

Constantinos M. Type II myocardial infarction and latent LVOT obstruction due to Systolic Anterior Motion of mitral valve. Arch Case Rep. 2019; 3: 017-020.
doi: 10.29328/journal.acr.1001015